



# THE ELEVENTH INTERNATIONAL NORDIC HARP MEETING

NOVEMBER 1-4, 2018 • LUND



KULTURRÅDET





# WHY THE NORDIC HARP MEETING?



Every autumn since 2008, a growing number of self-proclaimed music and history nerds from all over Europe and beyond have gathered during one weekend to share their interest in more or less obscure traditions, near-forgotten musical instruments and past performance practices of music, song and epic poems. The obvious question is: Why? What worth does this possibly have in the technologically saturated cultural (or uncultural, as some would have it) world of today? The equally obvious answer is: Why not? In these trying times, we all have our different ways of finding something to rejoice in and partake of - and if for some people that means researching the origins of *tvísöngur* traditions in late medieval Iceland, or why there is a quintessential Swedish dance named after a large central European country, or exactly how a Viking *skald* may have brought stories of the Norse gods to life over 1200 years ago, then, well... good for you! Now, if there are *other* people interested in the same things, imagine the joys of meeting up, sharing songs, stories and maybe even a tune or two (after properly tuning your lyres and *langeleiks* of course)! Now also imagine that these interests are not as unusual or esoteric as they may sound at first. They might actually be of interest to quite a lot of people who are happy for example diving into *The Lord of the Rings* for the umpteenth time or binge-watching *Game of Thrones*, having until now never reflected on the origins of such cultural phenomena. Well, these are but a few reasons as to why the Nordic Harp Meeting keeps going, ten years after its first edition. Regardless if you are a newcomer, or if you have been to every meeting since 2008, I hope you will find something of interest in the pages to come and that you can make your way to Lund this year to experience something of what the Nordic Harp Meeting has to offer. And if not now, then hopefully in 2019!

*Erik Ask-Upmark, proud organizer of the 2018 NHM*





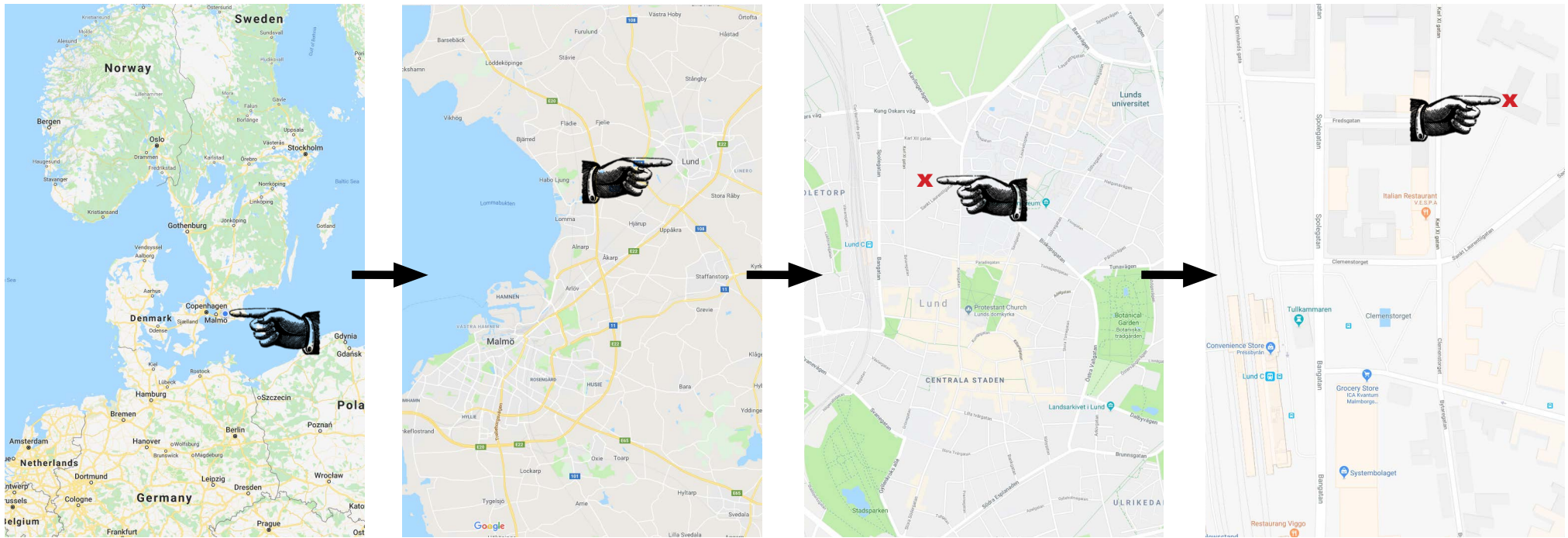
The 2018 Nordic Harp Meeting is organized by Erik Ask-Upmark together with Kulturskolan Lund (The Lund School of Culture and Music) which is housed in this majestic building in the centre of Lund in southern Sweden (for maps, see next page). While Kulturskolan has some but not all of their activity here, the building itself goes under the name “Lindebergsskolan”, and for extra confusion it is also home to a high school : “Lars-Erik-Larsson gymnasiet”, or “LEL” for short. So if you get lost in Lund you can ask for either of these names and the locals should be able to point you in the right direction.

When you finally make it, the front door (pictured above) may be locked, in which case you can either 1) wait impatiently on the outside for us to open, or 2) bang the door to let us know you are there, or 3) call Erik on his mobile: +46 704 05 13 95 and he will let you in!

We are free to use the designated rooms in the school for our workshops, lectures, concerts etc., but please note that by 22 in the evening the alarm turns on, and thus we have to clear out before then! This is very important and we ask for your help in respecting this curfew...



# HOW TO FIND THE WAY



Kulturskolan Lund (or Lindebergska Skolan, or LEL, or...) is situated a couple of hundred metres north-east from Lund Central Station, which means that by far the easiest way of coming here is with the train. If you're travelling by air, most likely you'll be flying into Copenhagen Kastrup (CPH) which is just a 30-minute train ride away. If you're driving, then... don't. Lund is notoriously difficult to navigate by car due to its medieval street-layout, and just to make matters worse a tram system is just now constructed straight through the city which includes the laying of some very inconvenient tracks. This means of course that many roads are closed and you never know which roads they are going to close down which days. Plus, parking spaces are few and far between. If you still plan to come by car, let us know and you will be provided with up-to-date instructions about how to make your way here and where to park!

There is parking at the school but not for free, so our recommendation is that you unload the car and then park in another area where there is free (or at least cheaper) parking. For example, the area known as "Kobjer" and the street "Slättervägen" (look it up in your satnav or Google Maps) are about 1.5-2 km west of Kulturskolan and has lots of places to leave the car. It is a reasonably safe area but needless to say you still shouldn't leave any valuables in your car.



# THE OFFICIAL PROGRAMME OF THE 11<sup>TH</sup> NORDIC HARP MEETING

Please respect the starting times and remember to tune your instrument BEFORE the workshop starts!

## THURSDAY NOVEMBER 1

- 18.00-20.00 ○ Arrival and registration  
20.00-22.00 ● Opening, short welcome concert, Allspel, jam session, dancing...

## FRIDAY NOVEMBER 2

- 8.00-9.00 ● Drop-in and morning fika  
9.15-10.45 ● **Bára Grímsdóttir & Chris Foster:** Icelandic folk music  
9.15-10.45 ● **Kaisa Nöges & Triin Hio:** Estonian folk dance tunes  
11.00-12.30 ● **Kate Fletcher & Corwen Broch:** Accompany like a Viking - ditch those modern chords!  
11.00-12.30 ● **Adriano Sangineto:** Playing the harp for dancing  
12.30-13.30 Lunch (on your own)  
13.30-14.00 ● Lunch concert: Estonian folk music with **Kaisa, Triin** and friends  
14.15-15.45 ● **Stein Villa & Marit Steinsrud:** Norwegian dance tunes  
14.15-15.45 ● **Erik Ask-Upmark:** Swedish folk music and Fun With Scales  
15.45-16.15 ● Afternoon fika and coffee concert with **Polina** and **Sergey**  
16.30-18.00 ● **Niss Stricker:** Danish folk music and tunes by Rasmus Storm  
16.30-18.00 ● **Václava van der Meijs:** Harp for beginners  
18.00-19.00 Dinner (on your own)  
19.00-20.00 ● Allspel, focus on metal-strung instruments  
20.00-22.00 ● Concert and dance

## SATURDAY NOVEMBER 3

- 8.00-9.00 ● Drop-in and morning fika  
9.00-9.50 ● **Kaisa Nöges:** Folk instruments of Estonia (lecture)  
9.00-9.50 ● **Anouk Platenkamp:** Music theory in practice (lecture)  
10.00-11.30 ● **Anouk Platenkamp & Triin Hio:** Therapeutic harp music  
10.00-11.30 ● **Maria Ojantakanen:** Folk songs of the supernatural  
11.00-12.00 ● **Monica Schön & Henrik Hummel:** Visttuga/singing workshop for kids  
11.40-12.30 ● **Corwen Broch:** Ritual, Music and Magic in the Nordic Lands (lecture)  
12.30-13.30 Lunch (on your own)  
13.30-14.00 ● Lunch concert with **Kate & Corwen**  
14.00-14.45 ● **Anna Rynefors:** Bockarna Bruse  
14.15-15.45 ● **Jochen Vogel:** An approach to wire-strung harps  
14.15-15.45 ● **Anna Fält:** Finnish Archaic tradition  
15.00-17.00 ● **Ian Carr:** Accompanying Swedish folk music on guitar and other instruments  
15.00-17.00 ● **Niklas Roswall:** Swedish melodies  
16.00-16.30 ● Afternoon fika and coffee concert with **Anouk** and **Niss**  
16.45-18.15 ● **Clotilde Trouillaud:** Breton traditional music  
16.45-18.15 ● **Anouk Platenkamp:** Nederfolk - Dutch folk music  
18.15-19.15 Dinner (on your own)  
19.15-20.00 ● Allspel  
20.00-22.00 ● Concert with **the BirdHouse (Jochen Vogel and Katja Hütte)** and **Niklas Roswall** and **Ian Carr**, followed by dancing

## SUNDAY NOVEMBER 4

- 8.00-9.00 ● Drop-in and morning fika  
9.00-9.50 ● **Josef Berger:** A history of the harp in the North (lecture)  
10.00-10.50 ● **Magnus Gustafsson:** History of the Polska (lecture)  
11.00-12.30 ● **Monica Schön & Henrik Hummel:** Visttuga/singing workshop  
11.00-12.30 ● **Polina Sharonova & Sergey Azarov:** Russian folk music  
12.30-13.30 ● Allspel, ending and good bye  
18.00-20.00 ● Concert with **Anna Fält, Erik Ask-Upmark, Stein Villa, Marit Steinsrud, Chris Foster & Bára Grímsdóttir**

## MONDAY NOVEMBER 5

- 20.00-22.00 Concert with **Clotilde Trouillaud, Niss Stricker, Anouk Platenkamp & Erik Ask-Upmark** at Koncertkirken, Blågård's Plats, Copenhagen (N.B: Admission for this concert, 100 DKK, is NOT included in the festival pass!)

## EXPLANATION OF THE DIFFERENT ROOMS:

- |                        |                      |
|------------------------|----------------------|
| ○ White room (#11)     | ● Yellow room (# 27) |
| ● Green room (# 25)    | ● Orange room (# 33) |
| ● Blue room (the Aula) | ● Red room (# 34)    |



# THURSDAY, NOVEMBER 1

## 18.00-20.00 ARRIVAL AND REGISTRATION

When you arrive at the NHM, if you have already registered your participation, you will receive a package with information, name tag, map over Lund and a small gift! If you can arrive by Thursday evening that is the best, since we have the most time then to get everything in order. Also, please note that you don't have to decide which workshops to take before hand, you're free to decide that on the spur of the moment...

The registration desk can be found up the stairs in the main entrance and directly to your left. The different rooms where the workshops take place will be marked with different colors and you can find them by following the signs with the matching color.

## 20.00-22.00 OPENING AND (SHORT) WELCOME CONCERT

The first evening ends with a concert with some of the presenters and musicians you will meet later. It is very casual and there will also be a chance of some dancing, and/or the so-called *Allspel*, which simply means "Everyone plays" and is an opportunity to play some tunes together. Some sheet music for suitable tunes can be found at the NHM website or in a separate PDF collection. It is also a good opportunity to teach the others that great tune you've been dying to show off!



ALL PICTURES FROM THE 2017 NHM IN VILJANDI (INCLUDING THOSE ON THE COVER) ARE TAKEN BY THE OFFICIAL NHM PHOTOGRAPHER FLORIS VAN DER MEIJS.



# FRIDAY, NOVEMBER 2

## 8.00 - 9.00 DROP-IN AND MORNING FIKA

A very important word in Swedish is “fika” which means “coffee break”. There will be at least two “fikas” planned every day, one to start the day off and one in the afternoon. However there will always be coffee available in the Green room if you feel the urge!

## 9.15 - 10.45 WORKSHOP WITH BÁRA GRÍMSDÓTTIR & CHRIS FOSTER: ICELANDIC FOLK MUSIC



Delving into the Icelandic song traditions of *tvísöngur* and *rímur*, as well as featuring traditional instruments like *langspil* and *fiðla*, this workshop is sure to be of interest to anyone curious about the folk music traditions of the land of ice and fire – Iceland!

**All instruments are welcome to join the workshop.**

Bára Grímsdóttir is regarded as one of the best traditional singers in Iceland: She grew up surrounded by folk songs, sung by her parents and grandparents at the family farm Grímsunga in Vatnsdalur. She is specially interested in the old *rímur* and *kvæðalög* styles of song, and is a well respected composer and arranger.

She plays the two traditional Icelandic instruments, *fiðla* and *langspil*, and also the Finnish *kantele*. Since 2000, Bára performs traditional Icelandic music together with Chris Foster in the duo FUNI.

Chris Foster is primarily a singer and guitar accompanist; he grew up in Somerset in the south west of England, where he first heard and started singing folk songs. His specialisation are folk ballads from Britain, many of which have close parallels in Scandinavia and the whole of Europe.

Together, they have been teaching Icelandic music at previous Nordic Harp Meetings in Norway, Denmark, Sweden and Estonia.

# FRIDAY, NOVEMBER 2

## 9.15 - 10.45 WORKSHOP WITH KAISA NÕGES & TRIIN HIO: ESTONIAN FOLK DANCE TUNES

At the workshop we learn to play some folk tunes for dancing. These folk dances were popular in Estonian villages at the beginning of 20th century and are still danced at Estonian folk festivals and at *Tantsuklubi* (folk dance evenings). We will also learn to dance the way it might have been at Estonian village parties a hundred years ago. **All instruments are welcome to join the workshop.** The tunes are taught by ear (and are easy to follow for the intermediate students).



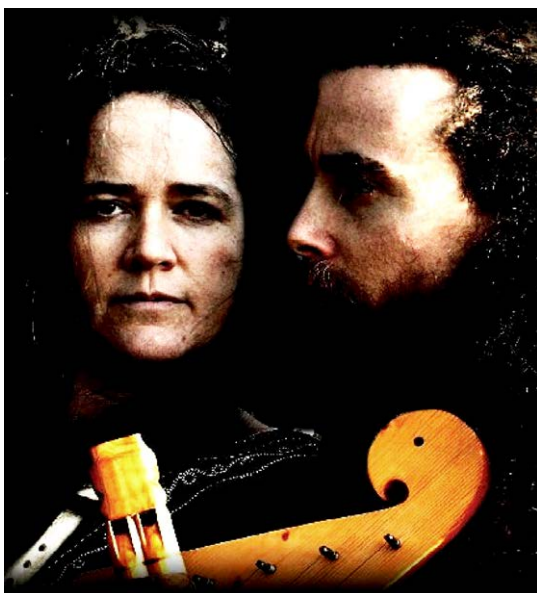
Kaisa Nõges and Triin Hio are both musicians from Estonia. Kaisa has studied traditional music at the University of Tartu Viljandi Culture Academy, specialising in Estonian diatonic zithers (kannel). Triin organized the Nordic Harp Meeting 2017 in Viljandi and has as a musician focused on the harp in a therapeutic and meditative role, and will give a workshop on this subject together with Anouk Platenkamp. Kaisa will also give a lecture on traditional Estonian instruments.





# FRIDAY, NOVEMBER 2

## **11.00 - 12.30 WORKSHOP WITH KATE FLETCHER & CORWEN BROCH: ACCOMPANY LIKE A VIKING - DITCH THOSE MODERN CHORDS!**



In this workshop, we'll explore possible styles of accompaniment for tunes and songs that present an alternative to chords. Diads, riffs, ostinato, drones and more will be on the menu! Aimed at lyre and kantele players but applicable to all.

Kate Fletcher and Corwen Broch (both from the UK) are folk musicians and makers of ancient instruments, such as ancient psalteries (gusli and kantele), various bowed lyres (Finnish jouhikko, Shetland gue, Welsh crwth), plucked/strummed lyres (such as the Trossingen lyre) and many more. Corwen will also give a lecture called "Ritual, Music and Magic in the Nordic Lands" on Saturday.

[WWW.ANCIENTMUSIC.CO.UK](http://WWW.ANCIENTMUSIC.CO.UK)



# FRIDAY, NOVEMBER 2

## 11.00 - 12.30 WORKSHOP WITH ADRIANO SANGINETO: PLAYING THE HARP FOR DANCING



During this workshop, participants will learn folk melodies from different European regions and tunes for dancing, by acquiring the fundamentals of a rhythmical technique to accompany the dance.

In the beginning the learning will be done by ear, through dancing and singing with the aim of a better assimilation of the tunes. At the end, scores of the learnt tunes will be given. Lever harps are required for the class and are preferred to pedal harps.

Adriano Sanginetto is one of the leading musicians of the Italian folk harp scene and has had a long focus on the harp as an instrument suitable for dance music. His strong and clear rhythmical playing is sure to inspire everyone who wants to add an extra element to their harp playing! He has given master classes throughout Europe and also founded one of the first international online harp academies.

[WWW.ADRIANOSANGINETO.COM](http://WWW.ADRIANOSANGINETO.COM)

## 13.30 - 14.00 LUNCH CONCERT: ESTONIAN MUSIC WITH KAISA, TRIIN AND FRIENDS

We encourage you to bring your own lunch back to the school in time for the lunch concerts that take place on Friday and Saturday! If you don't want to venture out, there will be some light sandwiches and snacks for sale in the same room the concerts take place. For this first lunch concert, Kaisa, Triin and their friends Helle and Jaan-Eerik will play music of their native Estonia.



# FRIDAY, NOVEMBER 2

## 14.15 - 15.45 WORKSHOP WITH STEIN VILLA & MARIT STEINSRUD: NORWEGIAN DANCE TUNES FROM THE LANGELEIK TRADITION



The *langeleik* (also called *langharpe*) is a fretted zither instrument with one melody string and additional drone strings, which has a tradition in Norway dating back at least to the 16<sup>th</sup> century. A lot of ancient Norwegian tunes survived to our days in this langeleik tradition. From this corpus of langeleik music, Stein sometimes transfers tunes to his Norwegian harp. In this workshop for intermediate/advanced musicians, you will learn some langeleik tunes and transfer them to your instrument. The tunes have traditionally been both sung and played for dancing. This includes the dances *halling*, *springar* and *reinlender*.

Stein Villa plays many instruments which have earlier been a part of Norwegian music tradition, e.g. the Norwegian folk harp (“bondeharpe”), the plucked lyre, the bowed lyre, the langeleik, the bagpipes and many more. He tries to bring these instruments into use again, since they represent sound possibilities which are not present in today’s folk music instruments. Stein is also a flute maker, specialised on bone flutes, and he likes to explore which possibilities are hidden inside every musical instrument.

Marit Steinsrud grew up in a folk music family in Valdres, and as a small girl she learned many langeleik tunes by ear from neighbouring women. Her speciality are traditional Norwegian tunes on the langeleik. Marit and her husband Stein have been at most Nordic Harp Meetings so far, represented the Norwegian langeleik tradition, and led the allspel with Norwegian folk tunes. They also organised the NHM 2010 and NHM 2014 in Gjøvik.



# FRIDAY, NOVEMBER 2

## 14.15 - 15.45 WORKSHOP WITH ERIK ASK-UPMARK: SWEDISH FOLK MUSIC, AND FUN WITH SCALES



Yes, I know - playing scales sound about as exciting as doing root canal work. But it doesn't have to be! In this workshop, you will learn how to easily set your harp to a specific scale, or "key", or "mood" - you will also learn the difference between these terms - and see how to instantly get that "Nordic" sound in your playing!

Erik Ask-Upmark is one of few harpists focusing on Swedish folk music on the Celtic harp, as well as the organizer of the 2018 NHM. As a harp teacher, he is in high demand and regularly tours both Europe and the United States.

[WWW.ASK-UPMARK.SE](http://WWW.ASK-UPMARK.SE)



# FRIDAY, NOVEMBER 2

## **15.45 - 16.15 AFTERNOON FIKA AND COFFEE CONCERT: SERGEY AZAROV & POLINA SHARONOVA**

During the afternoon fika, there will be short “coffee concerts” of around 20-25 minutes. This is the first NHM where Sergey and Polina teach and play Russian traditional music; you can read more about them in their workshop description.

## **16.30 - 18.00 WORKSHOP WITH NISS STRICKER: DANISH FOLK MUSIC AND TUNES BY RASMUS STORM**



In this workshop we will be playing the dance music of the island of Funen in Denmark. Based on tunes by Rasmus Storm, one of the most enigmatic traditional fiddlers from the 18<sup>th</sup> century this workshop is aimed at the intermediate player. The Rasmus Storm melodies are elegant with an almost classical touch - when played on the harp one could almost think Rasmus Storm learned his melodies from O'Carolan... We will challenge our left hand and work with dynamics and ornamentation as a means to breathe life into the melodies.

Niss Stricker is a Danish harpist, composer and storyteller who strives to unite narrative story and traditional music of Scandinavia and has recorded four solo albums. Alongside playing the Celtic harp, Niss has also studied the Indian sitar and Hindustani classical music. He has recorded four solo albums and has just released his fifth, “Soria Moria” (2018).

[WWW.NISSSTRICKER.DK](http://WWW.NISSSTRICKER.DK)



# FRIDAY, NOVEMBER 2

## 16.30 - 18.00 WORKSHOP WITH VACLAVA VAN DER MEIJS: HARP FOR BEGINNERS



Václava will show newcomers to the harp some of the amazing things you can do with a harp, and that it is not as difficult as you may think! (There will be a number of harps to borrow for this workshop if you don't have your own yet.)

Václava, also called Wendy, is from Prague and has been to all (but one) Nordic Harp Meetings so far. She plays harp, kantele, flute, accordion and lots of other instruments and sings. She has been member of the bands Harpa vieja, Treizh and \*Gwen.



# FRIDAY, NOVEMBER 2

## 18.00 - 19.00 DINNER (ON YOUR OWN)

## 19.00 - 20.00 ALLSPEL

For this *allspel*, tunes for zither-like instruments with metal strings like the kantele, langeleik, langspil, dulcimer or hummel will be in focus, under the guiding hands of Chris Foster. You are of course welcome to bring any instrument you prefer - and we can also split up the allspel between different rooms.

## 20.00-22.00 CONCERT AND DANCE

The Friday evening concert is a “dancing concert” in that you are both welcome to sit still and enjoy the music as well as engage in some very fun and easy-to-learn dances (brief instructions will be given)! Playing for the dance will be Clotilde Trouillaud, Adriano Sangineto, Ian Carr and Niklas Roswall, plus possibly others...



# SATURDAY, NOVEMBER 3

## 8.00 - 9.00 DROP-IN AND MORNING FIKA

## 9.00 - 9.50 LECTURE WITH KAISA NÕGES: FOLK INSTRUMENTS OF ESTONIA

Kaisa will guide us through the plethora of traditional instruments used then and now in the music of Estonia!

## 9.00 - 9.50 LECTURE WITH ANOUK PLATENKAMP: MUSIC THEORY IN PRACTICE



Did you know that music theory can actually be fun? It is when it helps you better understand the music that you are playing! Anouk will take students over scales, arpeggios and intervals and show students how these concept can benefit their playing. Students are encouraged to bring pieces they are working on, to analyse these in the workshop to better understand them.



# SATURDAY, NOVEMBER 3

## 10.00 - 11.30 WORKSHOP WITH ANOUK PLATENKAMP & TRIIN HIO: THERAPEUTIC HARP MUSIC

This special therapeutic harp music workshop will not only teach you the basics of therapeutic harp music but also give you some insight in essential oils and how the music and the oils can work together for therapeutic benefit. Anouk will teach the basics of therapeutic harp music going over the modes to use to help relax and soothe. Triin will explain the benefits of several essential oils and how to use them. It's the perfect workshop for tired hands, since you will be giving and receiving a hand massage to complete the experience.

## 10.00 - 11.30 WORKSHOP WITH MARIA OJANTAKANEN: BALLADS OF THE SUPERNATURAL



Fairies, trolls, mermaids... The lone human, encountering a paranormal being, is one of the most common themes in ancient tales and lore, their roots stretching back thousands of years. Also the Scandinavian Ballads offer a remarkably rich representation of these stories. In the workshop, we'll look at a selection of songs where this motive is handled in different ways. For good measure, we'll also cast a brief glance at the Scandinavian Ballads in general, where they came from and where to find them. **All instruments and levels are welcome!**

Maria grew up in Finland and later moved to Denmark where she has worked in Vikingelandsbyen Albertslund since 2000. In 2016 she organized the 9<sup>th</sup> Nordic Harp Meeting 2016 in Albertslund.



# SATURDAY, NOVEMBER 3

## 11.00 - 12.00 MONICA SCHÖN & HENRIK “HUMMEL” SCHÖN: VISSTUGA / SINGING WORKSHOP FOR CHILDREN



At Swedish folk festivals, you often find a “*visstuga*” (literally: “singing cabin”) where you’re welcome to share tunes and sing together with everyone. For this first *visstuga* we will focus on traditional songs for children. Hopefully there will be some children to join in, if not, we’ll adapt it to fit the grown-ups!

Henrik “Hummel” Schön is one of the very few Swedes who play the hummel, the Swedish relative of the Norwegian langeleik and Icelandic langspil. He has demonstrated this rare instrument on multiple Nordic Harp Meetings.

Monica Schön knows lots of traditional folk songs and ballads and was singing some of them at late night sessions on previous Nordic Harp Meetings. Together they gave a workshop in Swedish ballads and Faroese-style ballad dancing at the Nordic Harp Meeting 2015 in Turku, Finland.



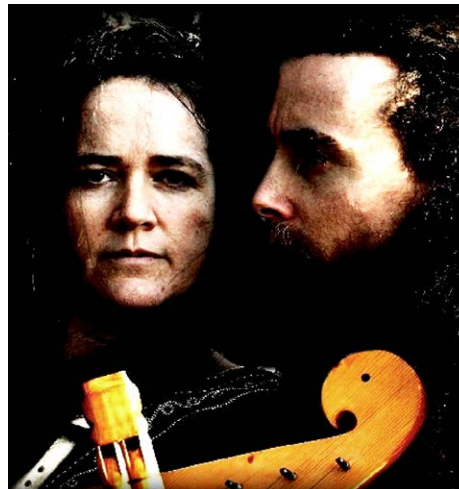
# SATURDAY, NOVEMBER 3

## **11.40 - 12.30 LECTURE WITH CORWEN BROCH: RITUAL, MUSIC AND MAGIC IN THE NORDIC LANDS**

Corwen will take us on a cross-cultural look at medieval ritual/magical music traditions in the Nordic countries, with a focus on how aspects of Finnish and Sami traditions might shed light on Norse ones.

## **13.30 - 14.00 LUNCH CONCERT WITH KATE & CORWEN**

We encourage you to bring your own lunch back to the school in time for the lunch concerts that take place on Friday and Saturday! If you don't want to venture out, there will be some light sandwiches and snacks for sale in the same room the concerts take place. For this second lunch concert, Kate and Corwen will play music from both ancient and traditional sources.



# SATURDAY, NOVEMBER 3

## 14.00 - 14.45 CHILDREN'S PERFORMANCE WITH ANNA RYNEFORS: BOCKARNA BRUSE (THE THREE BILLY GOATS GRUFF)



Storytelling has been featured at previous NHM's and for this year the aim will be at children, with Anna's unique take on the well-known fairy tale of *Bockarna Bruse* (the three Billy Goats Gruff, as they are known in English).

Please note that this performance will be in Swedish!

Anna Rynefors plays nyckelharpa, Swedish bagpipe and percussion in the Swedish folk groups Svanevit and Dråm.

[WWW.ANNARYNEFORS.SE](http://WWW.ANNARYNEFORS.SE)





# SATURDAY, NOVEMBER 3

## 14.15 - 15.45 WORKSHOP WITH JOCHEN VOGEL: AN APPROACH TO WIRE-STRUNG HARPS



Jochen Vogel is one of the pioneers playing the ancient Irish metal-strung harp *cláirseach* (pronounced “Klarshach”). It is an instrument that went extinct for almost 200 years and is now going through an unexpected renaissance. Unlike other “metal harp” players, he focuses less on the historical repertoire, but tries to establish the ancient instrument in modern settings. In his workshop, Jochen will draw on several decades’ worth of playing the wire-strung harp, sharing stories, tips and tunes. It will be interesting for other instruments, too. Jochen may be considered a “harpists’ harpist” but in fact his way of playing tends to be very “unharpistic” at times!

[WWW.JOCHEN-VOGEL.DE](http://WWW.JOCHEN-VOGEL.DE)

# SATURDAY, NOVEMBER 3

## 14.15 - 15.45 WORKSHOP WITH ANNA FÄLT: FINNISH ARCHAIC TRADITION

Anna Fält takes us on a short journey through the ancient traditions of Finnish folk music, the archaic singing and playing which goes back to the Fenno-Ugric spell- and incantation rituals thousands of years ago. We'll learn about the simple, meditative, repetative *sång*- and *kantele*-melodies played together and separately.

Anna Fält is a singer, vocal teacher, researcher and artist originally from Finland. After that she moved to Sweden 2012 she has mostly pursued her solo career around Scandinavia, working also in different co-operations with arts, dance and theatre. Annas specialities are different singing traditions from Finland and Sweden, combining the bright Scandinavian and dark East-European tones. She is passionate about the human voice but plays sometimes the Finnish kantele, too.

[WWW.ANNAFALT.COM](http://WWW.ANNAFALT.COM)





# SATURDAY, NOVEMBER 3

**15.00 - 17.00 WORKSHOP WITH IAN CARR: ACCOMPANYING SWEDISH FOLK MUSIC**

**15.00 - 17.00 WORKSHOP WITH NIKLAS ROSWALL: SWEDISH MELODIES**



Together with Skånes Spelmansförbund, we are happy to offer these workshops with two famous musicians of the Swedish folk scene: Ian Carr, the English guitarist who moved to Sweden in the early 2000's and has played with practically everyone, and Niklas Roswall, official World Champion of the Nyckelharpa and known from groups such as Ranarim and Ahlberg, Ek & Roswall.

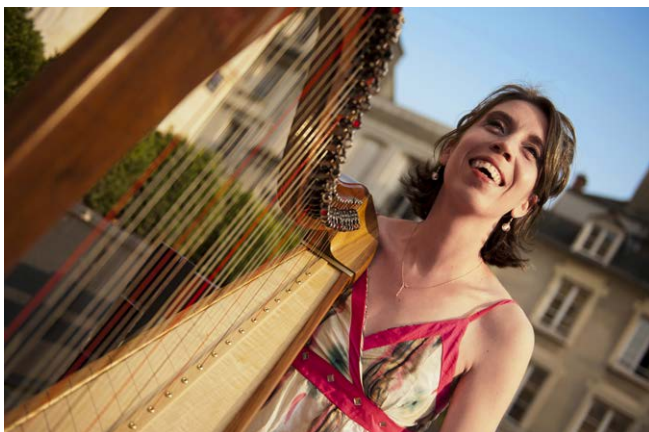
Their workshops are aimed at experienced players on all instruments and offers an in-depth look at what makes Swedish folk music “tick”! Niklas will focus on the melodies and how to bring out the inherent “groove” in traditional tunes, while Ian takes care of different accompanying styles and while he plays the guitar, the principles can be applied on other accompanying instruments as well. There will be a chance at the evening concert for both the workshop groups to play together, as well as with Ian and Niklas!

[WWW.IANCARRGUITAR.COM](http://WWW.IANCARRGUITAR.COM) • [WWW.NIKLASROSWALL.SE](http://WWW.NIKLASROSWALL.SE)

**16.00 - 16.30 AFTERNOON FIKA AND COFFEE CONCERT:  
NISS STRICKER AND ANOUK PLATENKAMP**

# SATURDAY, NOVEMBER 3

## 16.45 - 18.15 WORKSHOP WITH CLOTILDE TROUILLAUD: BRETON TRADITIONAL MUSIC



Take a journey into the evocative and melodious world of traditional Breton music! With Clotilde, one of the most prominent Breton musicians, as our guide, she will teach melodies and different ways of accompaniment as well as improvising in a Breton style.

Clotilde is one of the most sought-after harp teachers and regularly leads workshops in France and abroad. The Nordic Harp Meeting 2018 marks her first appearance in Sweden!

[WWW.CLOTILDETROUILLAUD.COM](http://WWW.CLOTILDETROUILLAUD.COM)

## 16.45 - 18.15 WORKSHOP WITH ANOUK PLATENKAMP: NEDERFOLK, DUTCH FOLK MUSIC

Did you know the Netherlands has its own folk music? Although Dutch musicians often play tunes from abroad, the Dutch folk repertoire has some lovely tunes and songs that can be played on the harp. Some of the music was written down as far back as the 17th century, with some songs that even date back to the middle ages, but there is also more recent repertoire. For this workshop Anouk has adapted the music to be played on the harp, with a nice contemporary accompaniment to go with it.

Anouk is a well-loved teacher in the Netherlands, Germany and at festivals all over Europe. She was one of the first therapeutic harpists in the Netherlands and has developed her own program and method, instructing harpists on how to make music with therapeutic benefits.

[WWW.HARPISTE.NL](http://WWW.HARPISTE.NL)





# SATURDAY, NOVEMBER 3

**18.15 - 19.15 DINNER (ON YOUR OWN)**

**19.15 - 20.00 ALLSPEL**

**20.00-22.00 CONCERT “NORDIC NIGHT” WITH  
THE BIRDHOUSE (JOCHEN VOGEL & KATJA HÜTTE)  
AND IAN CARR & NIKLAS ROSWALL**



# SUNDAY, NOVEMBER 4

## 8.00 - 9.00 DROP-IN AND MORNING FIKA

### 9.00 - 9.50 LECTURE WITH JOSEF BERGER: A HISTORY OF THE HARP IN THE NORTH

Josef Berger, who started the very first Nordic Harp Meeting in Lund in 2008, will tell you all about the historical evidence of harps & harp music in the Nordic countries and is accompanied by lots of interesting pictures and photos!

### 10.00 - 10.50 LECTURE WITH MAGNUS GUSTAFSSON: HISTORY OF THE POLSKA

Magnus Gustafsson is the latest folk music professor in Sweden after his dissertation on the subject of the history of the Swedish folk dance *polska*. With a focus on old fiddler's music books and notations, he will guide us through the bewildering and fascinating history behind what remains to this day the most popular Swedish folk dance type.





# SUNDAY, NOVEMBER 4

## 11.00 - 12.30 MONICA SCHÖN & HENRIK “HUMMEL” SCHÖN: VISSTUGA / SINGING WORKSHOP



At Swedish folk festivals, you often find a “*visstuga*” (literally: “singing cabin”) where you’re welcome to share tunes and sing together with everyone. Bring that great tune you learnt somewhere else long ago and simply join in!

Henrik “Hummel” Schön is one of the very few Swedes who play the hummel, the Swedish relative of the Norwegian *langeleik* and Icelandic *langspil*. He has demonstrated this rare instrument on multiple Nordic Harp Meetings.

Monica Schön knows lots of traditional folk songs and ballads and was singing some of them at late night sessions on previous Nordic Harp Meetings. Together they gave a workshop in Swedish ballads and Faroese-style ballad dancing at the Nordic Harp Meeting 2015 in Turku, Finland.

# SUNDAY, NOVEMBER 4

## **11.00 - 12.30 POLINA SHARONOVA & SERGEY AZAROV; RUSSIAN FOLK MUSIC**



Amongst modern Russian musicians there is often an unfair neglectful attitude towards Russian folk music, which makes Polina and Sergey eager to change this and help to bring about more interest in Russian traditions. In Russian tradition there is no “harp” in the general sense but the Gusli (a relative of the kantele) was widely used and also some lyre-alike instruments. Their workshop will feature information about Russian folk traditions, singing and playing and learning one or two Russian tunes.

Polina Sharonova and Sergey Azarov are from St Petersburg and both are classical trained pedal harpists. However, both play lever harp. Polina sings and Sergey was a drummer... once! Together they are 40% of the harp band String Theory ([www.harps-theory.com](http://www.harps-theory.com)) with which they play different folk and pop songs and even made a series of lectures dedicated to history of the harp.

## **12.30 - 13.30 FINAL ALLSPEL AND TEAR-FILLED GOOD-BYE**

See you next year!



**SUNDAY, NOVEMBER 4**

**18.00-20.00 NORDIC CONCERT WITH  
MARIT STEINSRUD & STEIN VILLA,  
BÁRA GRÍMSDÓTTIR & CHRIS FOSTER (FUNI),  
ERIK ASK-UPMARK, ANNA FÄLT**



# MONDAY, NOVEMBER 5

• EARLY MONDAY I KONCERTKIRKEN •

## INTERNATIONAL HARPEKONCERT

FOLKEMUSIK OG TIDLIG MUSIK PÅ  
HARPE MED FIRE AF EUROPAS MEST  
FREMRAGENDE HARPISTER!



ERIK ASK-UPMARK (SE) • NISS STRICKER (DK)  
ANOUK PLATENKAMP (NL) • CLOTILDE TROUILLAUD (FR)

### KONCERTKIRKEN, BLÅGÅRDS PLADS 5 NOVEMBER KL. 20:00

ENTRÉ: 100 DKK / STUD. 50 DKK  
WWW.KONCERTKIRKEN.DK

## 20.00-22.00 CONCERT WITH ANOUK PLATENKAMP, CLOTILDE TROUILLAUD, NISS STRICKER, ERIK ASK-UPMARK

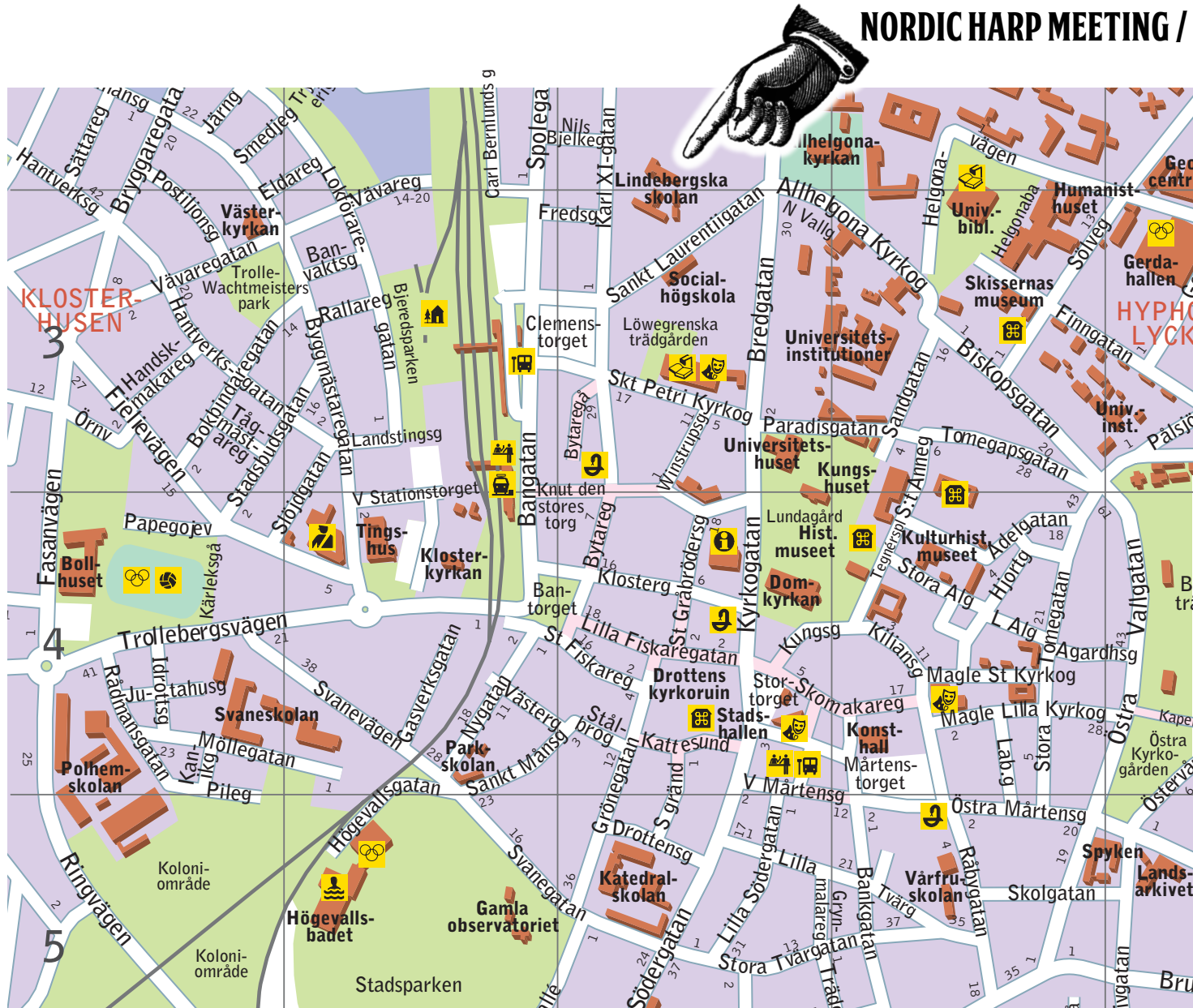
Thanks to a collaboration with Early Monday, KoncertKirken and Björn Ross in Copenhagen, we are very happy to offer this international harp concert to the Øresund citizens! Don't miss these four internationally renowned musicians who for the first time share a stage.

*Please note: The concert takes place in KoncertKirken, Blågård's Plads in Copenhagen and the admission (100 DKK / 50 DKK) is **not** included in the main fee for the NHM and must be paid separately at the concert venue!*





## NORDIC HARP MEETING / KULTURSKOLAN







# THE 11<sup>TH</sup> INTERNATIONAL NORDIC HARP MEETING

NOVEMBER 1-4 • LUND SCHOOL OF CULTURE



[WWW.NORDIC-HARP-MEETING.EU](http://WWW.NORDIC-HARP-MEETING.EU)

